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**Swimmer Daily Check-In Sheet**

**Session #1 (9:00 – 9:45):**

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| **Swimmer Name** | **M** | **T** | **W** | **Th** | **F** | **Parent/Guardian Cell Phone #** |
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**Session #2 (10:15 – 11:00):**

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| **Swimmer Name** | **M** | **T** | **W** | **Th** | **F** | **Parent/Guardian Cell Phone #** |
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**Session #3 (11:30 – 12:30):**

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| **Swimmer Name** | **M** | **T** | **W** | **Th** | **F** | **Parent/Guardian Cell Phone #** |
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**Session #4 (1:45 – 2:45):**

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| **Swimmer Name** | **M** | **T** | **W** | **Th** | **F** | **Parent/Guardian Cell Phone #** |
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**Session #5 (3:15 – 4:15):**

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| **Swimmer Name** | **M** | **T** | **W** | **Th** | **F** | **Parent/Guardian Cell Phone #** |
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